THE LOVE LOGIC

THE LOVE LOGIC THERAPY

Love is the *only logic.*

Harmony is your matter of choice. A tailor-made mix of modalities practised on a free-flowing timeline, in the gentle embrace of love.

30–90 mins | In-person or distance



HOW A SESSION FLOWS

From intention to reflection.

A compassionate intuition paired with your trusting body allows your temple to speak — and you should probably listen.

01 Intention
We begin 24 hours before your session with an advanced reading to understand your challenges and how to shift them.

02 Clearing
Prāṇa movement and chakra opening through touch to release what is in resistance.

03 Crystals & sound
Up to 23 crystals placed on or around you, with quartz bowls or brass Chinese cymbals to activate each main energy center.

04 Reflection
I share what I noticed in your body's energy — gently and honestly — and how to move forward. A personalized report and recommendations follow by email.

THE PROCESS

The modalities I practise.

Reiki
New energy is channelled from the crown through to the hands, touching acupressure points and energy centers to move prāṇa throughout the body.

Chakra Opening
Work across twelve energy centers to restore flow. Its effects last as long as you continue with the after-session report's recommendations.

Crystal Healing
Semi-precious stones intuitively selected for each chakra ahead of your session.

Sound Activation
Chakra-centric tuned quartz sound bowls or brass Chinese cymbals amplify the crystals and align the body's energy centers.

Dhyāna (Meditation)*
Guided preparation using prāṇāyāma techniques, intentioned wording, and bīja (seed) mantras to still racing thoughts and quiet the mind.

*Included only in the recommendations of your after-session report.

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SESSIONS

Choose your session.

SESSION	DURATION	FORMAT
The Love Logic · Signature The complete multi-modality session: Reiki (Prāṇa movement), chakra opening, crystal healing* and sound activation*, with a closing discussion and a detailed personalized report with onward recommendations emailed afterwards.	60–90 mins	In-person
Reiki & Chakra Opening Reiki (Prāṇa movement) applied at acupressure points, with chakra work across 12 major and minor energy centers.	Up to 60 mins	In-person or remote
Crystal & Sound Activation* Crystals selected with the advanced reading for each main chakra, plus off-body and grid placements, amplified by tuned quartz bowls or brass Chinese cymbals.	Up to 60 mins	In-person
Distance Reiki Reiki (Prāṇa movement) sent seamlessly to your chakras, wherever you are in the world.	30–45 mins	Distance
Chakra Opening & Harmonizing Intuitive work on your main energy centers from a distance to restore flow and balance.	30–45 mins	Distance

**Subject to location.* Reiki & Chakra Opening, Distance Reiki and Chakra Opening & Harmonizing include a detailed personalized report with session notes and onward recommendations, emailed afterwards.



BEFORE YOU ARRIVE

- After booking, you'll receive a pre-session form and release to complete.
- Your advanced reading takes place 24 hours before your session.
- Come with an intention — what you'd like to understand, release or shift.

> *"Love Logic. Changed my life. When Sunil saw me and provided the Love Logic modalities, I sensed calmness and clarity."*
>
> Anoop D. · Toronto, Canada

