

# THE LOVE LOGIC

MULTIPLE MODALITY GUIDANCE

## PRE-SESSION CHECKLIST



24 HOURS IN ADVANCE

**SELFIE PHOTO**

- LOOKING INTO THE LENS
- NO SMILING PLEASE

**YOUR INTENTION**

- GIVE IT SOME THOUGHT  
& LISTEN TO YOUR BODY

\*PLEASE PROVIDE YOUR PHOTO & INTENTION VIA WHATSAPP +33 7 81 01 34 64

THE DAY OF YOUR SESSION

**NO EXPECTATIONS**

YOUR CONSCIOUSNESS HAS LEAD YOU TO THIS MOMENT, EMBRACE IT  
WITH AN OPEN HEART & MIND.

**WEAR COMFORTABLE CLOTHING**

TANK TOPS AND SHORTS ARE RECOMMENDED AS THE LOVE LOGIC  
IS A TOUCH AND CRYSTAL PLACEMENT THERAPY.

**HOLDING SPACE**

THIS IS A COMPASSIONATE, SAFE, PRIVATE AND PERSONAL  
SPACE BETWEEN THE PRACTITIONER & YOU.

**RELEASE FORM**

CHECK THE APPROPRIATE BOXES PERTAINING TO THE LAST TWO MONTHS,  
PLEASE READ THE FINE PRINT, SIGN & DATE.

FOR QUESTIONS OR MORE INFORMATION

**PLEASE EMAIL [SG@SUNILGUPTA.LIFE](mailto:SG@SUNILGUPTA.LIFE)**

**MESSAGE VIA WHATSAPP +33 7 81 01 34 64**

[WWW.SUNILGUPTA.LIFE](http://WWW.SUNILGUPTA.LIFE)

# THE LOVE LOGIC

## MULTIPLE MODALITY GUIDANCE

FULL NAME

E-MAIL

EARTH DATE

INTENTION



### PHYSICAL

- |  |  |
|--|--|
| <input type="checkbox"/> FOOT SORENESS / CRAMPING          | <input type="checkbox"/> CHEST TIGHTNESS         |
| <input type="checkbox"/> LOWER JOINT DISCOMFORT            | <input type="checkbox"/> THROAT TIGHTNESS        |
| <input type="checkbox"/> HIP TIGHTNESS                     | <input type="checkbox"/> HEADACHES / MIGRAINES   |
| <input type="checkbox"/> DIGESTION CONCERNS / CONSTIPATION | <input type="checkbox"/> NECK/SHOULDER TIGHTNESS |
| <input type="checkbox"/> LOWER BACK DISCOMFORT             | <input type="checkbox"/> LIGHT HEAD / DIZZINESS  |
| <input type="checkbox"/> STOMACH CRAMPING                  |  |

### EMOTIONAL

- |  |   |
|--|---|
| <input type="checkbox"/> ANXIETY                   | <input type="checkbox"/> OVERTHINKING     |
| <input type="checkbox"/> NERVOUSNESS / BUTTERFLIES | <input type="checkbox"/> SADNESS / REGRET |
| <input type="checkbox"/> NUMBNESS / NO FEELING     | <input type="checkbox"/> STRESS           |

### ACKNOWLEDGEMENT & AGREEMENT

THE LOVE LOGIC® AND ITS' PRACTICED ENERGY MODALITIES OF REIKI, CHAKRA BALANCING, CRYSTAL HEALING AND SOUND BOWL ACTIVATION MAY INCLUDE PHYSICAL TOUCH FROM THE CROWN (TOP OF THE HEAD) THROUGH TO THE SOLES OF THE FEET. THIS INCLUDES PHYSICAL TOUCHING AROUND, YET NOT DIRECTLY ON, SENSATIVE AREAS SUCH AS THE CHEST, BREASTS OR PECTORAL AREAS AS WELL AS THE LOWER ABDOMEN OR PELVIC REGION. BY SIGNING THIS RELEASE, YOU ACKNOWLEDGE & AGREE THE PRACTITIONER HAS MADE YOU AWARE OF THIS PHYSICAL PRACTICE AND GIVE PERMISSION FOR THE PRACTITIONER TO PERFORM HIS/HER DUTIES AS OUTLINED TO YOU PRIOR TO THE BEGINNING OF THE SESSION.

SIGN

DATE